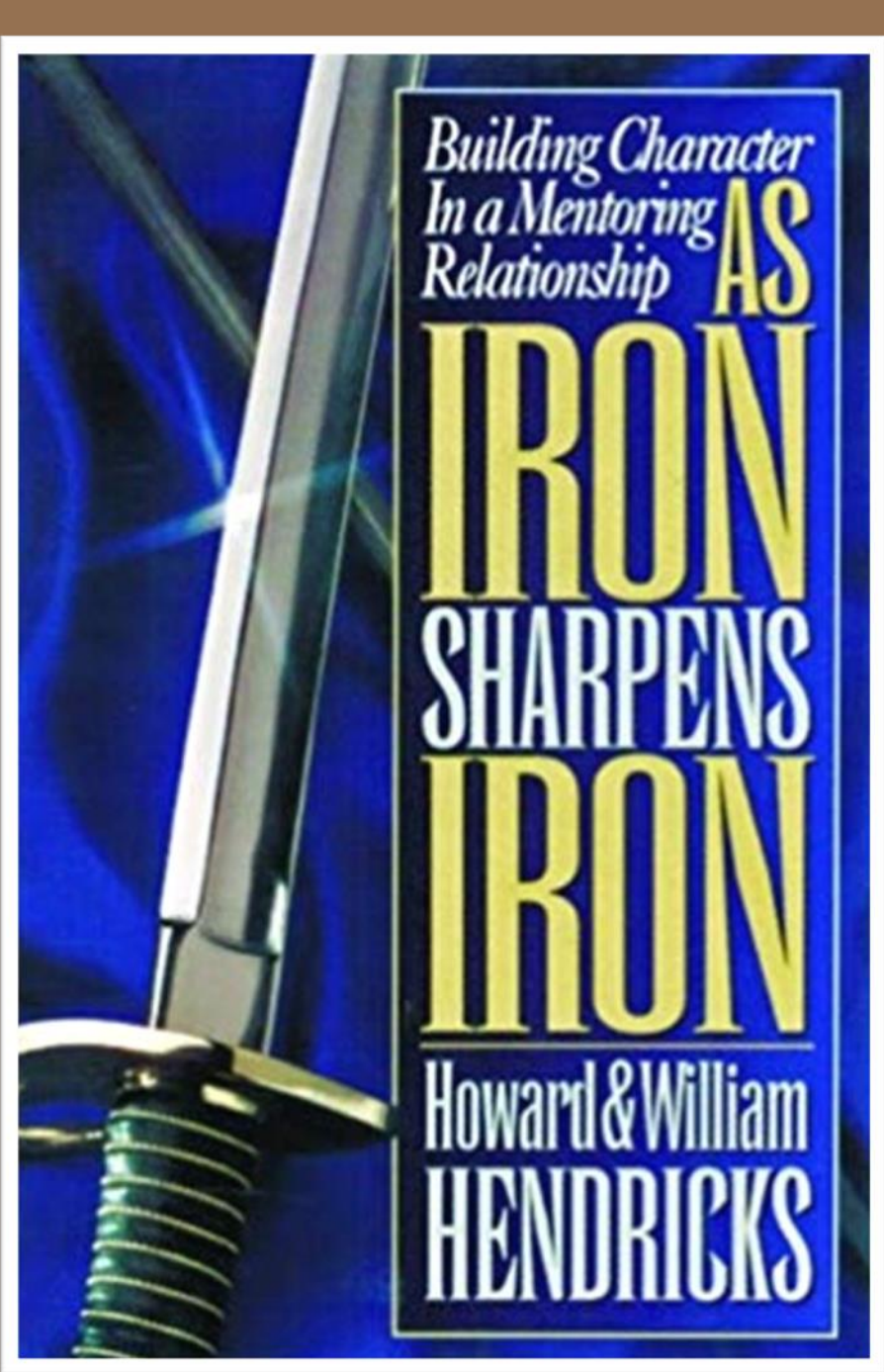


June 29, 2025

TITUS

The Content for Godly Mentors Part 2
Titus 2:6



² Older men ... ³ Older women
...are to teach what is good, ⁴ and
so train the young women ... ⁶
Likewise, urge the younger men ...
Titus 2:2,3,4, 6

Review

⁵ This is why I left you in Crete, so that you might **put** what remained **into order**, and appoint elders in every town as I directed you—



²Older men are to be sober-minded, dignified, **self-controlled**, sound in faith, in love, and in steadfastness.

³Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to **teach** what is good, ⁴and so **train** the young women to love their husbands and children, ⁵to be **self-controlled**, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.

⁶Likewise, **urge** the younger men to be **self-controlled**.

⁷**Show** yourself in all respects to be a **model** of good works, and in your **teaching show** integrity, dignity, ⁸ and sound speech that cannot be condemned, so that an opponent may be put to shame, having nothing evil to say about us.



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One of the Cretans, a prophet of their own, said, Cretans are always liars, evil beasts, lazy gluttons.

Titus 1:12

For we ourselves were once foolish, disobedient, led astray, slaves to various passions and pleasures, passing our days in malice and envy, hated by others and hating one another.

Titus 3:3

“It is impossible to be a follower of Jesus without giving diligent attention in our lives to the grace of self-control.”

Jerry Bridges

“If anyone would come after me, let him deny himself and take up his cross daily and follow me.”

Luke 9:23

A man without self-control is like a city broken into and left without walls.

Proverbs 25:28

“He that hath no rule over his own spirit is an easy prey to the invader. Anyone may irritate and torment him. He yields himself to the first assault of his ungoverned passions, offering no resistance; like a city broken down and without walls ... Having no discipline over himself, temptation becomes the occasion of sin, and hurries him on to fearful lengths that he had not contemplated.”

Charles Bridges, A Commentary on Proverbs

“Self-control means governing one’s appetites and impulses in submission to God and His word and in dependence on the Holy Spirit.

C.J. Mahaney, Self Control: An Unappreciated Virtue

HOW TO DEVELOP SELF- CONTROL

Admit you are powerless to manage sin alone.

For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out.

Romans 7:18

Ask for help from a godly mentor.

Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. ² Bear one another's burdens, and so fulfill the law of Christ.

Galatians 6:1-2

Get specific as you examine & confess your struggle.

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- 1) Unrighteous Anger.
- 2) Time, Play, & Technology.

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- 2) Time, Play, & Technology.
- 3) Sexual Immorality.

³ For this is the will of God, your sanctification: that you abstain from sexual immorality; ⁴that each one of you know how to control his own body in holiness and honor, ⁵not in the passion of lust like the Gentiles who do not know God;

¹ Thessalonians 4:3–5

Repent.

For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death. 2 Corinthians 7:10

A change of mind that leads to a change of action

Walk by the Spirit: Submit & Rely.

...¹⁶ But I say, walk by the Spirit, and you will not gratify the desires of the flesh...²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, self-control;

Galatians 5:16, 22-23

⁶Likewise, urge the younger men to be **self-controlled**. ⁷Show yourself in all respects to be a model of good works, and in your teaching show integrity, dignity, ⁸ and sound speech that cannot be condemned, so that an opponent may be put to shame, having nothing evil to say about us.